**Cooks Shopping List for a Women’s Cursillo Weekend**

* 45-gallon trash bags for recycling, compost, and garbage
* Large Paper Compost Bags (from a hardware store)
* 32-gallon trash bags for smaller cans in the kitchen
* Small trash bags for bathrooms
* Clorox Sani-Wipes for every bathroom
* Toilet Paper and Paper Towels
* Cleaning Spray for Showers and Toilets
* Sponges (12-pack that gets discarded at the end of the weekend)
* Coffee: seven to ten large 2-lb. cans (Kirkland) of regular; three to five 2-lb. cans of Decaf
* 4-6 gallons of orange juice
* 2 large bottles of cranberry juice
* 2 large bottles of apple juice
* 18 12-packs of soda – all kinds
* Beverage for Saturday Night Dinner (1 bottle of Sparkling Cider equals four servings)
* Milk 2% – three gallons
* Three half gallons of Half n Half
* 12 Bottles of Coffee Mate Flavored Creamer (Hazelnut and Vanilla)
* One pound of butter
* Snacks – healthy and unhealthy
* Lemons for water